



# *REAL POSSIBILITIES* IN ACTION

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September 6, 2017





# ABOUT US

## AARP

- **AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million**
- **Staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands**



# ABOUT US

## AARP Indiana

- Total number of members: ~840,000
- Four Communities of Focus
  - Gary
  - Fort Wayne
  - Indianapolis
  - Evansville



# WHAT WE DO

## Areas of Focus

- Caregiving
- Financial Security
- Fraud
- Community Presence



# WHAT WE DO

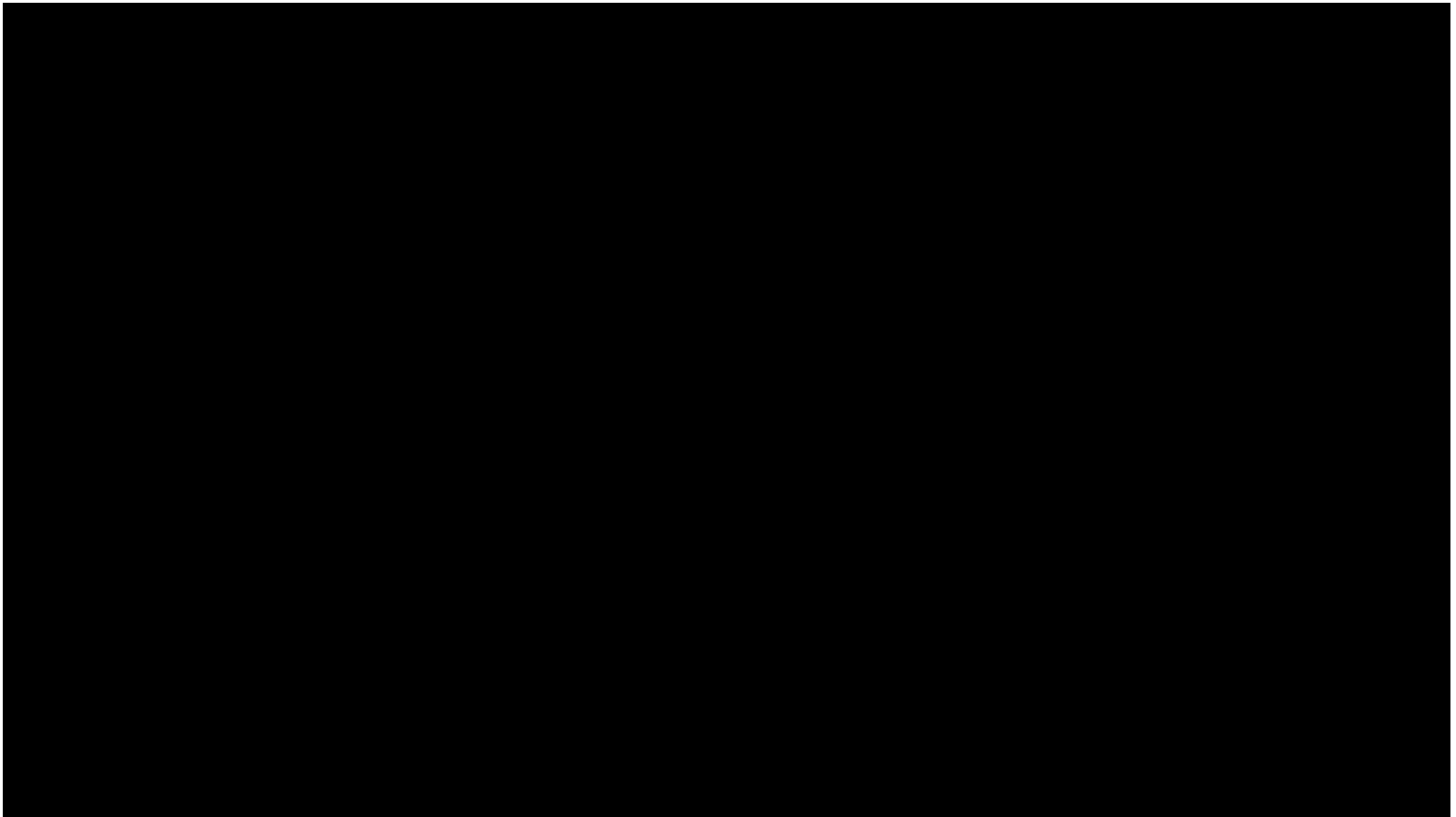


# FINANCIAL SECURITY

- **AARP INDIANA WORKS TO HELP HOOSIERS** ensure that they have the financial security they need to take charge of their future and live independently.
- **AARP** offers online tools and hosts workshops to help people make effective financial and retirement decisions.



# FRAUD



Real Possibilities



# COMMUNITY PRESENCE

- **A LIVABLE COMMUNITY IS MADE FOR PEOPLE OF ALL AGES;** and has affordable housing, transportation, and community services.







# COMMUNITY PRESENCE

- **AARP Indiana works with nonprofit groups, government agencies, policy makers, citizen activists, business leaders and people age 50+ to raise awareness about:**
  - **Age-friendly housing and transportation options**
  - **Safe, walkable streets**
  - **Access to needed services**
  - **Opportunities for residents of all ages to participate in community activities**



# CAREGIVING

## I Caregivers<sup>SM</sup>

- **AARP INDIANA PROVIDES RESOURCES AND TOOLS** available to Indiana's family caregivers so they can help the ones they love.
- We provide resources like, "Prepare to Care," which includes resources for caregivers.
- AARP launched the I Heart Caregivers initiative to highlight caregivers as unsung heroes.
- We also host events where caregivers can hear from experts, gather information and have fun.



Real Possibilities



# CAREGIVING

## WHO ARE FAMILY CAREGIVERS?

- The “average” caregiver is a 49-year-old woman who works outside the home and spends nearly 20 hours per week providing unpaid care to her mother for nearly five years.
- 45 million Americans
- 840,000 Hoosiers
- Almost two-thirds (65%) of family caregivers are women
- Sandwich Generation



# CAREGIVING

## COSTS OF FAMILY CAREGIVING

- Unpaid family members are the backbone of America's long-term care system.
- In Indiana, family caregivers of adults provide 779 million hours of unpaid care.
- If families had to pay for the care they give, it would cost at least \$9.4 billion a year.



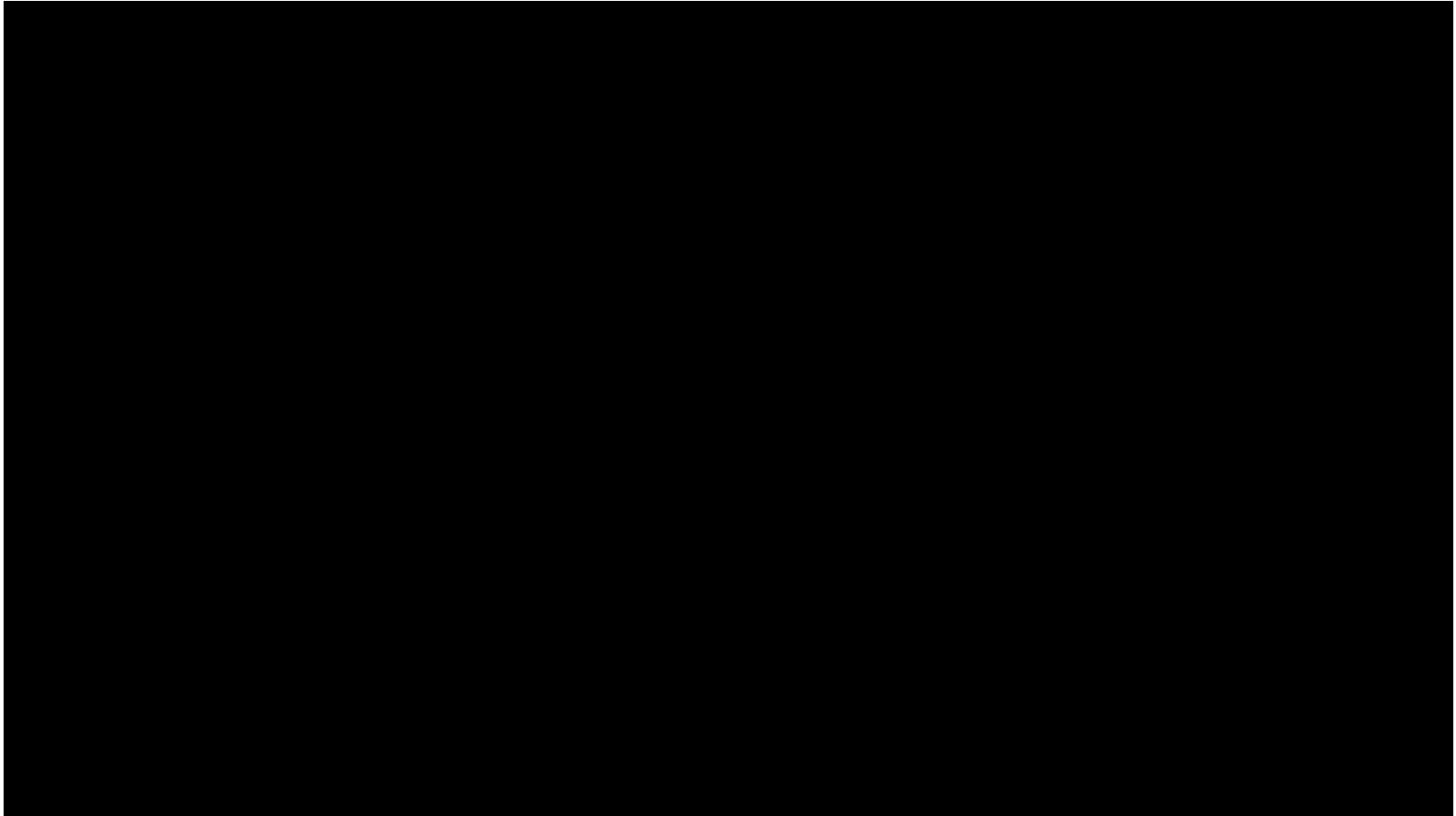
# CAREGIVING

## Costs of family caregiving

- Impact on physical and emotional health
- Lost wages and retirement
- Impact on social networks



# CARE ACT



Real Possibilities



# CARE ACT

## Designation

The hospital must provide the patient an option to record the name of a family caregiver into his/her medical record upon admission to the hospital.

## Notification

The hospital must notify the designated family caregiver if the loved one is to be discharged to another facility or back home if the patient is not competent to do so.

## Explanation

The hospital must provide an explanation of medical tasks—such as medication management and injections—that the family caregiver will perform at home when the hospital deems it necessary.

*The CARE Act takes effect January 1, 2016.*



Real Possibilities



# CARE ACT

## Challenges of Implementation

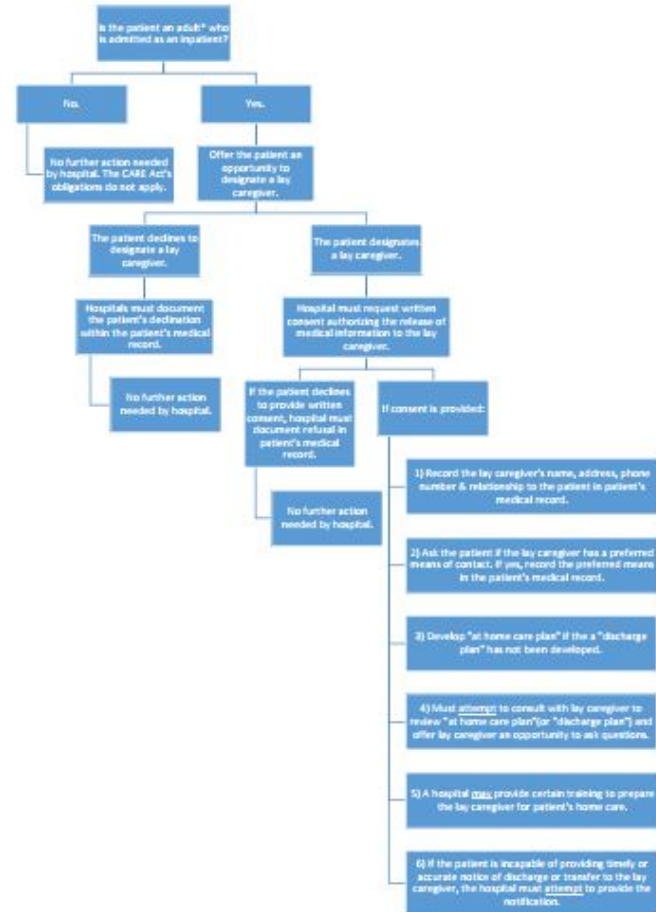
- Participation
- Information
- Reporting





# CARE ACT

## Indiana Hospital Association CARE Act Flow Chart

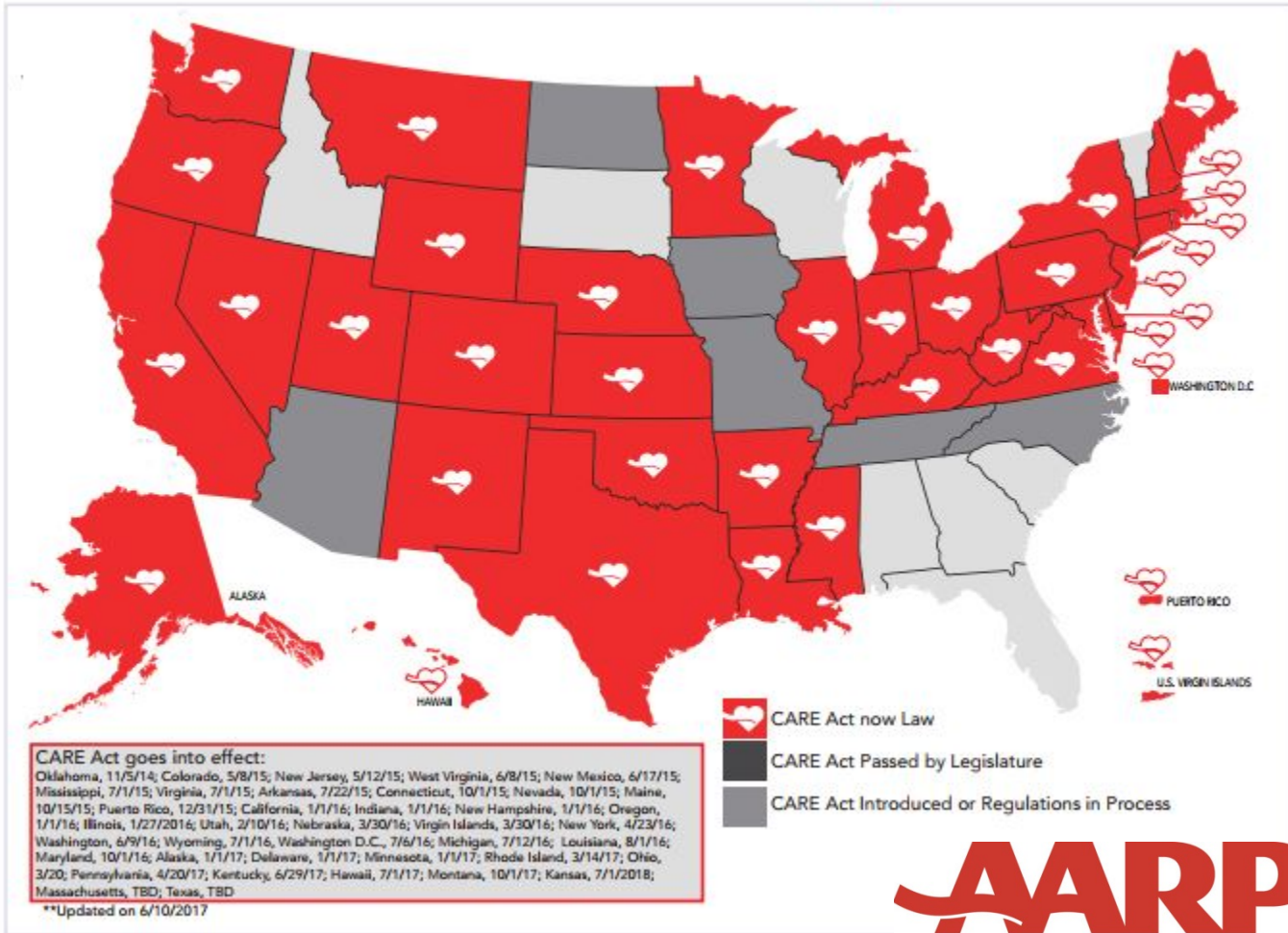


Real Possibilities



# CARE ACT

**FIGURE 1**  
States with the CARE Act Enacted or under Consideration, July 2017



Real Possibilities



# CARE ACT

# QUESTIONS



# CONTACT US

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