REAL POSSIBILITIES IN ACTION

September 6, 2017
AARP

- AARP is a nonprofit, nonpartisan organization, with a membership of nearly 38 million

- Staffed offices in all 50 states, the District of Columbia, Puerto Rico, and the U.S. Virgin Islands
AARP Indiana

• Total number of members: ~840,000

• Four Communities of Focus
  • Gary
  • Fort Wayne
  • Indianapolis
  • Evansville
WHAT WE DO

Areas of Focus

• Caregiving
• Financial Security
• Fraud
• Community Presence
WHAT WE DO
• AARP INDIANA WORKS TO HELP HOOSIERS ensure that they have the financial security they need to take charge of their future and live independently.

• AARP offers online tools and hosts workshops to help people make effective financial and retirement decisions.
• A livable community is made for people of all ages; and has affordable housing, transportation, and community services.
AARP Indiana works with nonprofit groups, government agencies, policy makers, citizen activists, business leaders and people age 50+ to raise awareness about:

- Age-friendly housing and transportation options
- Safe, walkable streets
- Access to needed services
- Opportunities for residents of all ages to participate in community activities
AARP INDIANA PROVIDES RESOURCES AND TOOLS available to Indiana’s family caregivers so they can help the ones they love.

- We provide resources like, “Prepare to Care,” which includes resources for caregivers.
- AARP launched the I Heart Caregivers initiative to highlight caregivers as unsung heroes.
- We also host events where caregivers can hear from experts, gather information and have fun.
WHO ARE FAMILY CAREGIVERS?

• The “average” caregiver is a 49-year-old woman who works outside the home and spends nearly 20 hours per week providing unpaid care to her mother for nearly five years.

• 45 million Americans

• 840,000 Hoosiers

• Almost two-thirds (65%) of family caregivers are women

• Sandwich Generation
COSTS OF FAMILY CAREGIVING

- Unpaid family members are the backbone of America’s long-term care system.
- In Indiana, family caregivers of adults provide 779 million hours of unpaid care.
- If families had to pay for the care they give, it would cost at least $9.4 billion a year.
CAREGIVING

Costs of family caregiving

• Impact on physical and emotional health
• Lost wages and retirement
• Impact on social networks
Designation
The hospital must provide the patient an option to record the name of a family caregiver into his/her medical record upon admission to the hospital.

Notification
The hospital must notify the designated family caregiver if the loved one is to be discharged to another facility or back home if the patient is not competent to do so.

Explanation
The hospital must provide an explanation of medical tasks—such as medication management and injections—that the family caregiver will perform at home when the hospital deems it necessary.

*The CARE Act takes effect January 1, 2016.*
Challenges of Implementation

• Participation
• Information
• Reporting
Indiana Hospital Association CARE Act Flow Chart
FIGURE 1
States with the CARE Act Enacted or under Consideration, July 2017

CARE Act goes into effect:
Oklahoma, 11/5/14; Colorado, 5/8/15; New Jersey, 5/12/15; West Virginia, 6/2/15; New Mexico, 6/17/15; Mississippi, 7/1/15; Virginia, 9/1/15; Arkansas, 7/22/15; Connecticut, 10/17/15; Nevada, 10/1/15; Maine, 10/15/15; Puerto Rico, 12/31/15; California, 1/1/16; Indiana, 1/1/16; New Hampshire, 1/1/16; Oregon, 1/1/16; Illinois, 1/27/2016; Utah, 2/10/16; Nebraska, 3/30/16; Virgin Islands, 3/30/16; New York, 4/23/16; Washington, 6/9/16; Wyoming, 7/1/16; Washington D.C., 7/6/16; Michigan, 7/13/16; Louisiana, 8/1/16; Maryland, 10/1/16; Alaska, 1/1/17; Delaware, 1/1/17; Minnesota, 1/1/17; Rhode Island, 3/14/17; Ohio, 3/20; Pennsylvania, 4/2/2017; Kentucky, 4/29/17; Hawaii, 7/11/17; Montana, 10/1/17; Kansas, 7/1/2018; Massachusetts, TBD; Texas, TBD

**Updated on 6/10/2017
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